

Ewige Bestenliste

Stadt Bottrop

Senioren M 40

Stand: 01.05.2019

| | | | | | | |
|---------------|---------------|-----------------|-----------------|-----------------------------|-----------------------------|------------------------|
| 75m | 9,5 | Voegelin | Winfried | 1935 DJK Adler 07 Bottrop | 13.06.1984 Bottrop | |
| | 9,7 | Hettmann | Wolfgang | 1937 DJK Adler 07 Bottrop | 07.09.1983 Bottrop | |
| | 9,9 | Sökeland | Wilhelm | 1935 DJK Adler 07 Bottrop | 07.09.1983 Bottrop | |
| | 10,1 | Tümmers | Josef | 1936 DJK Adler07 Bottrop | 05.09.1990 Bottrop | |
| | 10,2 | Organista | Johannes | 1936 DJK Adler 07 Bottrop | 07.09.1983 Bottrop | |
| | 10,5 | Pudzich | Werner | 1948 DJK Adler 07 Bottrop | 06.07.1988 Bottrop | |
| | 10,6 | Kubis | Gerd | 1948 DJK Adler 07 Bottrop | 06.07.1988 Bottrop | |
| | 10,8 | Reif | Dieter | 1936 DJK Adler 07 Bottrop | 21.09.1991 Bottrop | |
| | 10,8 | Wojak | Herbert | 1942 DJK Adler 07 Bottrop | 21.09.1991 Bottrop | |
| | 10,9 | Claßen | Lothar | 1939 DJK Adler07 Bottrop | 14.06.1989 Bottrop | |
| 100m | 12,7 | Peters | Klaus-Rüdiger | 1948 DJK Adler 07 Bottrop | 06.07.1988 Bottrop | |
| | 12,9 | Voegelin | Winfried | 1935 DJK Adler 07 Bottrop | 13.08.1980 Bottrop | |
| | 13,0 | Böhler | Dietmar | 1946 DJK Adler 07 Bottrop | 14.06.1989 Bottrop | |
| | 13,0 | Bartnik | Heinz | 1946 DJK Adler 07 Bottrop | 21.09.1991 Bottrop | |
| | 13,5 | Lanfermann | Rainer | 1947 DJK Adler 07 Bottrop | 14.06.1989 Bottrop | |
| | 13,5 | Aßmann | Erwin | 1949 DJK Adler 07 Bottrop | 05.09.1990 Bottrop | |
| | 13,6 | Bergander | Klaus | 1944 DJK Adler 07 Bottrop | 05.09.1990 Bottrop | |
| | 13,7 | Edeler | Heinz | 1948 DJK Adler 07 Bottrop | 06.07.1988 Bottrop | |
| | 13,7 | Feldmann | Ulrich | 1949 DJK Adler 07 Bottrop | 14.06.1989 Bottrop | |
| | 13,9 | Matthes | Rainer | 1944 DJK Adler 07 Bottrop | 05.09.1990 Bottrop | |
| | 18,23 (+1,5) | Thiel | Konni | 1932 DJK Adler 07 Bottrop | 10.06.2006 Bottrop | |
| | 200m | 25,82 (+1,6) | Roßkothen | Jens | 1970 LC Adler Bottrop | 27.09.2015 Bottrop |
| | | 32,66 (+0,3) | Winter-van Laak | Wolfgang | 1946 Adler-Langlauf Bottrop | 20.06.2012 Oedt |
| 400m | 65,81 | Winter-van Laak | Wolfgang | 1946 Adler-Langlauf Bottrop | 11.05.2012 Kaarst | |
| | 73,7 | Rahn | Günter | 1934 DJK Adler 07 Bottrop | 20.08.1980 Bottrop | |
| | 96,12 | Thiel | Konni | 1932 DJK Adler 07 Bottrop | 10.06.2006 Bottrop | |
| 800m | 2:30,59 | Roßkothen | Jens | 1970 LC Adler Bottrop | 11.09.2016 Bottrop | |
| | 2:38,67 | Plöger | Karl-Heinz | 1968 LC Adler Bottrop | 02.09.2017 Bottrop | |
| | 2:56,66 | Raßmann | Michael | 1969 LC Adler Bottrop | 02.09.2017 Bottrop | |
| | 3:06,4 | Binia | Oskar | 1918 DJK Adler 07 Bottrop | 10.08.1980 Kirchhellen | |
| | 3:56,31 | Thiel | Konni | 1932 DJK Adler 07 Bottrop | 10.06.2006 Bottrop | |
| 1.000m | 4:04,6 | Kurka | Rudolf | 1927 DJK Adler 07 Bottrop | 05.09.1990 Bottrop | |
| | 4:04,6 | Grondey | Clemens | 1925 DJK Adler 07 Bottrop | 05.09.1990 Bottrop | |
| | 5:08,0 | Leuchtmann | Herbert | 1916 DJK Adler 07 Bottrop | 05.09.1990 Bottrop | |
| 1.500m | 4:32,69 | Roßkothen | Jens | 1970 LC Adler Bottrop | 20.06.2018 Oedt | |
| | 5:14,5 | Hoffmann | Alfred | 1935 DJK Adler 07 Bottrop | 19.04.1980 Langenfeld | |
| | 5:21,42 | Vogler | Stephan | 1969 DJK Adler 07 Bottrop | 11.07.2010 Bottrop | |
| | 5:23,66 | Herzog | Jörg | 1968 DJK Adler 07 Bottrop | 11.07.2010 Bottrop | |
| | 5:55,67 | Binia | Oskar | 1918 DJK Adler 07 Bottrop | 31.07.1982 Essen | |
| | 6:00,0 | Busold | Heinrich | 1927 DJK Adler07 Bottrop | 19.04.1980 Langenfeld | |
| | 6:33,0 | Richardt | Sigismund | 1913 DJK Adler 07 Bottrop | 19.04.1980 Langenfeld | |
| | 3.000m | 9:57,9 | Steinle | Günter | 1944 DJK Adler 07 Bottrop | 02.07.1988 Essen |
| 10:26,8 | | Busold | Heinrich | 1927 DJK Adler 07 Bottrop | 13.04.1980 Dinslaken | |
| 10:45,4 | | Henrici | Helmut | 1943 DJK Adler 07 Bottrop | 19.07.1989 Düsseldorf | |
| 10:54,2 | | Soboll | Theo | 1936 DJK Adler 07 Bottrop | 12.09.1990 Bottrop | |
| 11:00,2 | | Lanfermann | Rainer | 1947 DJK Adler 07 Bottrop | 12.09.1990 Bottrop | |
| 11:00,9 | | Bistrich | Hans-Jürgen | 1942 DJK Adler 07 Bottrop | 12.09.1990 Bottrop | |
| 11:09,0 | | Krekler | Siegfried | 1939 DJK Adler 07 Bottrop | 14.09.1988 Bottrop | |
| 11:49,56 | | Endt | Stefan | 1967 LC Adler Bottrop | 10.04.2019 Duisburg | |
| 11:53,3 | | Smeets | Heinz | 1934 DJK Adler 07 Bottrop | 04.09.1985 Bottrop | |
| 12:23,3 | | Brüggemann | Wolfhard | 1941 DJK Adler 07 Bottrop | 14.09.1988 Bottrop | |
| 5.000m | | 16:43,0 | Kaufmann | Josef | 1936 DJK Adler 07 Bottrop | 10.08.1980 Kirchhellen |
| | 16:49,3 | Kübler | Wolfgang | 1949 DJK Adler 07 Bottrop | 02.06.1993 Essen | |
| | 17:06,13 | Roßkothen | Jens | 1970 LC Adler Bottrop | 01.04.2017 Sterkrade | |
| | 17:20,0 | Steinle | Günter | 1944 DJK Adler 07 Bottrop | 16.07.1988 Essen | |
| | 17:43,1 | Hoffmann | Alfred | 1935 DJK Adler 07 Bottrop | 27.08.1980 Essen | |
| | 17:46,6 | Westerwinter | Theo | 1942 DJK Adler 07 Bottrop | 04.06.1985 Bottrop | |

Ewige Bestenliste

Stadt Bottrop

Senioren M 40

Stand: 01.05.2019

| | | | | |
|---------|---------|----------|---------------------------|------------------------|
| 17:52,0 | Busold | Heinrich | 1927 DJK Adler07 Bottrop | 10.08.1980 Kirchhellen |
| 18:30,2 | Thier | Winand | 1938 DJK Adler 07 Bottrop | 27.08.1980 Essen |
| 18:43,3 | Purnell | Maik | 1941 DJK Adler 07 Bottrop | 12.09.1990 Bottrop |
| 18:55,6 | Henrici | Helmut | 1943 DJK Adler 07 Bottrop | 05.08.1989 Essen |

10.000m

| | | | | |
|----------|--------------|----------|-----------------------------|------------------------|
| 34:36,7 | Kaufmann | Josef | 1936 DJK Adler 07 Bottrop | 10.08.1980 Kirchhellen |
| 34:53,1 | Kübler | Wolfgang | 1949 DJK Adler 07 Bottrop | 26.04.1992 Oberhausen |
| 35:39,27 | Westerwinter | Theo | 1942 DJK Adler 07 Bottrop | 07.04.1984 Oberhausen |
| 35:46,2 | Steinle | Günter | 1944 DJK Adler 07 Bottrop | 23.04.1988 Oberhausen |
| 36:15,9 | Busold | Heinrich | 1927 DJK Adler07 Bottrop | 10.08.1980 Kirchhellen |
| 36:29,4 | Thelen | Dieter | 1946 DJK Adler 07 Bottrop | 18.08.1990 Oberhausen |
| 36:58,8 | Stiller | Richard | 1953 DJK Adler 07 Bottrop | 30.08.1997 Oberhausen |
| 37:13,2 | Quarrato | Guiseppo | 1949 DJK Adler 07 Bottrop | 17.08.1991 Oberhausen |
| 37:37,9 | Bartels | Werner | 1940 DJK Adler 07 Bottrop | 02.09.1995 Oberhausen |
| 37:51,76 | Knura | Ralf | 1962 Adler-Langlauf Bottrop | 10.05.2015 Solingen |

Stundenlauf

| | | | | |
|--------|--------------|-----------|---------------------------|-----------------------|
| 16.220 | Ludwig | Adolf | DJK Adler 07 Bottrop | 20.04.1981 Menzelen |
| 16.080 | Westerwinter | Theo | 1942 DJK Adler 07 Bottrop | 23.04.1984 Menzelen |
| 15.810 | Hoffmann | Alfred | 1935 DJK Adler 07 Bottrop | 07.04.1984 Menzelen |
| 15.800 | Busold | Heinrich | 1927 DJK Adler07 Bottrop | 10.05.1980 Bochum |
| 15.560 | Steinle | Günter | 1944 DJK Adler 07 Bottrop | 17.02.1990 Essen |
| 15.432 | Knura | Norbert | 1944 DJK Adler 07 Bottrop | 30.03.1985 Oberhausen |
| 14.871 | Thier | Winand | 1938 DJK Adler 07 Bottrop | 17.06.1980 Mülheim |
| 14.610 | Henrici | Helmut | 1943 DJK Adler 07 Bottrop | 17.02.1990 Essen |
| 13.080 | Richardt | Sigismund | 1913 DJK Adler 07 Bottrop | 17.06.1980 Mülheim |
| 13.027 | Binia | Oskar | 1918 DJK Adler 07 Bottrop | 17.06.1981 Mülheim |

100 km (Bahn)

| | | | | |
|---------|----------|-------|---------------------------|--------------------|
| 8:30:08 | Kaufmann | Josef | 1936 DJK Adler 07 Bottrop | 18.10.1997 Warburg |
|---------|----------|-------|---------------------------|--------------------|

10 km

| | | | | |
|-------|----------|-------------|-----------------------------|------------------------|
| 35:30 | Knura | Ralf | 1962 DJK Adler 07 Bottrop | 07.03.2004 Leverkusen |
| 36:16 | Kübler | Wolfgang | 1949 DJK Adler07 Bottrop | 05.02.2000 Duisburg |
| 36:45 | Riedel | Roland | 1963 Adler-Langlauf Bottrop | 06.04.2008 Dinslaken |
| 36:45 | Becher | Johannes | 1968 Adler Langlauf Bottrop | 01.06.2011 Sonsbeck |
| 36:51 | Stiller | Richard | 1953 DJK Adler 07 Bottrop | 28.09.1997 Bruckhausen |
| 37:27 | Doussis | Georg | 1957 DJK Adler 07 Bottrop | 28.09.1997 Bruckhausen |
| 38:11 | Dreimann | Stefan | 1969 Adler Langlauf Bottrop | 18.03.2012 Dinslaken |
| 38:59 | Fröse | Karl-Heinz | 1959 DJK Adler 07 Bottrop | 09.06.2001 Hamborn |
| 39:15 | Jäger | Rainer | 1958 DJK Adler 07 Bottrop | 04.11.2001 Bruckhausen |
| 39:17 | Balke | Hans-Jürgen | 1958 DJK Adler 07 Bottrop | 23.06.2001 Meiderich |

10 km - Mannschaft

| | | | | |
|---------|----------------------|-------------|------|------------------------|
| 1:54:44 | DJK Adler 07 Bottrop | | | 27.09.1998 Bruckhausen |
| | Kübler | Wolfgang | 1949 | 37:35 |
| | Stiller | Richard | 1953 | 37:35 |
| | Doussis | Georg | 1957 | 39:34 |
| 1:57:26 | DJK Adler 07 Bottrop | | | 29.09.1996 Bruckhausen |
| | Kübler | Wolfgang | 1949 | 38:02 |
| | Kaufmann | Josef | 1936 | 39:33 |
| | Thelen | Dieter | 1946 | 39:51 |
| 1:58:46 | DJK Adler 07 Bottrop | | | 28.09.1997 Bruckhausen |
| | Thelen | Dieter | 1946 | 39:30 |
| | Hüsken | Norbert | 1952 | 39:32 |
| | Spieckermann | Erich | 1947 | 39:44 |
| 2:03:55 | DJK Adler 07 Bottrop | | | 02.02.2002 Duisburg |
| | Jäger | Rainer | 1958 | 39:26 |
| | Fröse | Karl-Heinz | 1959 | 39:40 |
| | Kuckhermann | Friedrich | 1945 | 44:49 |
| 2:04:32 | DJK Adler07 Bottrop | | | 29.09.1996 Bruckhausen |
| | Spieckermann | Erich | 1947 | 41:02 |
| | Macke | Herbert | 1936 | 41:34 |
| | Purnell | Michael | 1941 | 41:56 |
| 2:05:25 | DJK Adler 07 Bottrop | | | 28.09.1997 Bruckhausen |
| | Heine | Peter | 1954 | 41:24 |
| | Purnell | Michael | 1941 | 41:35 |
| | Bistrich | Hans-Jürgen | 1942 | 42:26 |
| 2:11:48 | DJK Adler 07 Bottrop | | | 27.09.1998 Bruckhausen |
| | Bistrich | Hans-Jürgen | 1942 | 43:10 |
| | Lorse | Udo | 1954 | 43:35 |
| | Knura | Norbert | 1944 | 45:03 |

Ewige Bestenliste

Stadt Bottrop

Senioren M 40

Stand: 01.05.2019

| | | | | | |
|---------|------------------------|------|--|-------|------------------------|
| 2:11:56 | DJK Adler 07 Bottrop | | | | 30.09.2001 Bruckhausen |
| | Mazurek Dieter | 1959 | | 43:29 | |
| | Purnell Michael | 1941 | | 43:32 | |
| | Bistrich Hans-Jürgen | 1942 | | 44:55 | |
| 2:13:03 | DJK Adler 07 Bottrop | | | | 28.09.1997 Bruckhausen |
| | Lorse Udo | 1954 | | 43:38 | |
| | Diessner Rudolf | 1932 | | 43:44 | |
| | Claßen Lothar | 1939 | | 45:41 | |
| 2:15:27 | Adler-Langlauf Bottrop | | | | 01.10.2006 Bruckhausen |
| | Kübler Wolfgang | 1949 | | 44:24 | |
| | Steinle Günter | 1944 | | 45:27 | |
| | Kuckhermann Friedrich | 1945 | | 45:36 | |

15 km

| | | | | | |
|-------|--------------------|------|----------------------|--|------------------------|
| 52:02 | Kaufmann Josef | 1936 | DJK Adler 07 Bottrop | | 21.04.1980 Kaarst |
| 53:10 | Kübler Wolfgang | 1949 | DJK Adler 07 Bottrop | | 29.03.1992 Bruckhausen |
| 53:52 | Knura Ralf | 1962 | DJK Adler 07 Bottrop | | 20.03.2004 Nettetal |
| 54:32 | Steinle Günter | 1944 | DJK Adler 07 Bottrop | | 06.10.1984 Essen |
| 54:41 | Westerwinter Theo | 1942 | DJK Adler 07 Bottrop | | 01.10.1983 Essen |
| 55:56 | Häusler Siegfried | 1934 | DJK Adler 07 Bottrop | | 21.04.1985 Hünxe |
| 56:14 | Knura Norbert | 1944 | DJK Adler 07 Bottrop | | 06.10.1984 Essen |
| 56:24 | Thelen Dieter | 1946 | DJK Adler 07 Bottrop | | 22.04.1990 Bruckhausen |
| 56:50 | Quarrato Guisepppe | 1949 | DJK Adler 07 Bottrop | | 16.04.1989 Bruckhausen |
| 56:52 | Rönnspieß Peter | 1946 | DJK Adler 07 Bottrop | | 05.06.1988 Lowick |

15 km - Mannschaft

| | | | | | |
|---------|-----------------------|------|--|---------|------------------------|
| 2:53:13 | DJK Adler 07 Bottrop | | | | 06.04.2003 Bruckhausen |
| | Knura Ralf | 1962 | | 55:49 | |
| | Kübler Wolfgang | 1949 | | 58:32 | |
| | Stiller Richard | 1953 | | 58:52 | |
| 2:54:21 | DJK Adler 07 Bottrop | | | | 25.04.1999 Bruckhausen |
| | Kübler Wolfgang | 1949 | | 54:39 | |
| | Hüsken Norbert | 1952 | | 59:23 | |
| | Mazurek Dieter | 1959 | | 1:00:19 | |
| 2:59:39 | DJK Adler 07 Bottrop | | | | 07.04.2002 Bruckhausen |
| | Knura Ralf | 1962 | | 57:30 | |
| | Stiller Richard | 1953 | | 58:54 | |
| | Hüsken Norbert | 1952 | | 1:03:15 | |
| 3:06:21 | DJK Adler 07 Bottrop | | | | |
| | Balke Hans-Jürgen | 1958 | | 59:41 | |
| | Mazurek Dieter | 1959 | | 1:03:03 | |
| | Spieckermann Erich | 1947 | | 1:03:37 | |
| 3:10:45 | DJK Adler07 Bottrop | | | | 28.04.1996 Bruckhausen |
| | Krekler Siegfried | 1939 | | 1:03:11 | |
| | Macke Herbert | 1936 | | 1:03:25 | |
| | Steinle Günter | 1944 | | 1:04:09 | |
| 3:18:11 | DJK Adler 07 Bottrop | | | | 07.09.1997 Bertlich |
| | Liebert Jürgen | 1943 | | 1:03:18 | |
| | Kuckhermann Friedrich | 1945 | | 1:04:27 | |
| | Lichtenberg Willi | 1950 | | 1:10:26 | |
| 3:22:03 | DJK Adler07 Bottrop | | | | 28.04.1996 Bruckhausen |
| | Knura Norbert | 1944 | | 1:06:51 | |
| | Diessner Rudolf | 1932 | | 1:06:58 | |
| | Claßen Lothar | 1939 | | 1:08:14 | |
| 3:22:04 | DJK Adler 07 Bottrop | | | | 26.04.1998 Bruckhausen |
| | Bistrich Hans-Jürgen | 1942 | | 1:06:20 | |
| | Speich Klaus | 1950 | | 1:06:56 | |
| | Diessner Rudolf | 1932 | | 1:08:48 | |
| 3:22:39 | DJK Adler 07 Bottrop | | | | 06.04.2003 Bruckhausen |
| | Soboll Theo | 1936 | | 1:07:03 | |
| | Steinle Günter | 1944 | | 1:07:04 | |
| | Westerhoff Willi | 1956 | | 1:08:32 | |
| 3:24:52 | DJK Adler 07 Bottrop | | | | 27.04.1997 Bruckhausen |
| | Diessner Rudolf | 1932 | | 1:07:18 | |
| | Claßen Lothar | 1939 | | 1:08:47 | |
| | Lorse Udo | 1954 | | 1:08:47 | |

Halbmarathon

| | | | | | |
|---------|---------------------|------|------------------------|--|-------------------------|
| 1:14:34 | Kübler Wolfgang | 1949 | DJK Adler 07 Bottrop | | 01.05.1993 Flüren |
| 1:19:28 | Straetling Benedikt | 1968 | Adler-Langlauf Bottrop | | 01.05.2013 Flüren |
| 1:20:42 | Knura Ralf | 1962 | Adler-Langlauf Bottrop | | 01.05.2015 Wesel-Flüren |
| 1:20:53 | Becher Johannes | 1968 | Adler-Langlauf Bottrop | | 27.03.2010 Duisburg |
| 1:21:01 | Stiller Richard | 1953 | DJK Adler 07 Bottrop | | 20.05.1995 Sterkrade |

Ewige Bestenliste

Stadt Bottrop

Senioren M 40

Stand: 01.05.2019

| | | | | | | |
|---------|---------|------------|------|----------------------|------------|-----------|
| 1:21:57 | Thelen | Dieter | 1946 | DJK Adler 07 Bottrop | 07.11.1993 | Bottrop |
| 1:22:44 | Mazurek | Dieter | 1959 | DJK Adler 07 Bottrop | 01.05.1999 | Flüren |
| 1:23:33 | Bartels | Werner | 1940 | DJK Adler 07 Bottrop | 20.05.1995 | Sterkrade |
| 1:23:48 | Fröse | Karl-Heinz | 1959 | DJK Adler 07 Bottrop | 13.04.2002 | Duisburg |
| 1:24:03 | Steinle | Günter | 1944 | DJK Adler07 Bottrop | 06.11.1994 | Bottrop |

Halbmarathon - Mannschaft

| | | | | | | |
|---------|------------------------|------------|------|---------|------------|----------|
| 4:11:00 | DJK Adler 07 Bottrop | | | | 05.11.1995 | Bottrop |
| | Thelen | Dieter | 1946 | 1:22:58 | | |
| | Bartels | Werner | 1940 | 1:23:38 | | |
| | Soboll | Theo | 1936 | 1:24:24 | | |
| 4:12:18 | DJK Adler 07 Bottrop | | | | 01.05.1993 | Flüren |
| | Thelen | Dieter | 1946 | 1:22:27 | | |
| | Soboll | Theo | 1936 | 1:24:40 | | |
| | Spieckermann | Erich | 1947 | 1:25:11 | | |
| 4:13:10 | DJK Adler 07 Bottrop | | | | 01.05.1999 | Flüren |
| | Stiller | Richard | 1953 | 1:22:42 | | |
| | Mazurek | Dieter | 1959 | 1:22:44 | | |
| | Spieckermann | Erich | 1947 | 1:27:44 | | |
| 4:13:28 | Adler-Langlauf Bottrop | | | | 30.05.2010 | Duisburg |
| | Straetling | Benedikt | 1968 | 1:20:17 | | |
| | Becher | Johannes | 1968 | 1:21:48 | | |
| | Gertz | Hubert | 1956 | 1:31:23 | | |
| 4:20:27 | DJK Adler 07 Bottrop | | | | 01.05.2003 | Flüren |
| | Kübler | Wolfgang | 1949 | 1:25:08 | | |
| | Stiller | Richard | 1953 | 1:26:42 | | |
| | Mazurek | Dieter | 1959 | 1:28:37 | | |
| 4:23:09 | Adler-Langlauf Bottrop | | | | 06.09.2009 | Oelde |
| | Straetling | Benedikt | 1968 | 1:20:02 | | |
| | Perna | Angelo | 1969 | 1:29:29 | | |
| | Schmidt | Markus | 1965 | 1:33:38 | | |
| 4:24:19 | DJK Adler 07 Bottrop | | | | 05.11.1995 | Bottrop |
| | Spieckermann | Erich | 1947 | 1:24:52 | | |
| | Kuckhermann | Friedrich | 1945 | 1:27:58 | | |
| | Knura | Norbert | 1944 | 1:31:29 | | |
| 4:25:54 | DJK Adler07 Bottrop | | | | 01.05.1998 | Flüren |
| | Fröse | Karl-Heinz | 1959 | 1:23:48 | | |
| | Jäger | Rainer | 1958 | 1:25:34 | | |
| | Kuckhermann | Friedrich | 1945 | 1:36:32 | | |
| 4:25:54 | DJK Adler 07 Bottrop | | | | 13.04.2002 | Duisburg |
| | Fröse | Karl-Heinz | 1959 | 1:23:48 | | |
| | Jäger | Rainer | 1958 | 1:25:34 | | |
| | Kuckhermann | Friedrich | 1945 | 1:36:32 | | |
| 4:26:06 | DJK Adler 07 Bottrop | | | | 01.05.1996 | Flüren |
| | Soboll | Theo | 1936 | 1:28:14 | | |
| | Kuckhermann | Friedrich | 1945 | 1:28:54 | | |
| | Spieckermann | Erich | 1947 | 1:28:58 | | |

25 km

| | | | | | | |
|---------|--------------|-----------|------|----------------------|------------|-----------|
| 1:28:53 | Kaufmann | Josef | 1936 | DJK Adler 07 Bottrop | 20.03.1982 | Essen |
| 1:32:30 | Thelen | Dieter | 1946 | DJK Adler 07 Bottrop | 28.05.1988 | Sterkrade |
| 1:32:44 | Kübler | Wolfgang | 1949 | DJK Adler 07 Bottrop | 10.11.1991 | Bottrop |
| 1:34:12 | Steinle | Günter | 1944 | DJK Adler 07 Bottrop | 28.05.1988 | Sterkrade |
| 1:34:47 | Busold | Heinrich | 1927 | DJK Adler07 Bottrop | 16.08.1980 | Dülmen |
| 1:35:03 | Westerwinter | Theo | 1942 | DJK Adler 07 Bottrop | 27.03.1983 | Kamp |
| 1:35:09 | Häusler | Siegfried | 1934 | DJK Adler 07 Bottrop | 04.10.1980 | Münster |
| 1:35:31 | Hoffmann | Alfred | 1935 | DJK Adler 07 Bottrop | 02.11.1980 | Bottrop |
| 1:35:54 | Quarrato | Guiseppe | 1949 | DJK Adler 07 Bottrop | 19.05.1990 | Sterkrade |
| 1:36:12 | Jack | Eduard | 1936 | DJK Adler 07 Bottrop | 04.10.1980 | Münster |

25 km - Mannschaft

| | | | | | | |
|---------|----------------------|--------------|------|---------|------------|-----------|
| 4:52:49 | DJK Adler 07 Bottrop | | | | 25.05.1991 | Sterkrade |
| | Thelen | Dieter | 1946 | 1:36:39 | | |
| | Steinle | Günter | 1944 | 1:37:28 | | |
| | Purnell | Mike | 1941 | 1:38:42 | | |
| 4:54:16 | DJK Adler 07 Bottrop | | | | 28.05.1988 | Sterkrade |
| | Sinning | Hans-Joachim | 1945 | 1:37:01 | | |
| | Knura | Norbert | 1944 | 1:38:36 | | |
| | Liebert | Jürgen | 1942 | 1:38:39 | | |
| 4:56:23 | DJK Adler 07 Bottrop | | | | 02.11.1980 | Bottrop |
| | Kaufmann | Josef | 1936 | 1:30:12 | | |
| | Jack | Eduard | 1936 | 1:40:06 | | |
| | Thier | Winand | 1938 | 1:46:05 | | |

Ewige Bestenliste

Stadt Bottrop

Senioren M 40

Stand: 01.05.2019

| | | | | | |
|---------|----------------------|-------------|------|---------|----------------------|
| 5:01:06 | DJK Adler 07 Bottrop | | | | 28.05.1988 Sterkrade |
| | Kuckhermann | Fritz | 1945 | 1:39:52 | |
| | Soboll | Theo | 1936 | 1:40:32 | |
| | Krekler | Siegfried | 1939 | 1:40:42 | |
| 5:01:56 | DJK Adler 07 Bottrop | | | | 04.11.1990 Bottrop |
| | Steinle | Günter | 1944 | 1:37:59 | |
| | Lanfermann | Rainer | 1947 | 1:41:58 | |
| | Purnell | Mike | 1941 | 1:41:59 | |
| 5:11:06 | DJK Adler 07 Bottrop | | | | 25.05.1991 Sterkrade |
| | Knura | Norbert | 1944 | 1:41:34 | |
| | Diessner | Rudi | 1932 | 1:44:38 | |
| | Bistrich | Hans-Jürgen | 1942 | 1:44:54 | |
| 5:11:38 | DJK Adler 07 Bottrop | | | | 03.11.1985 Bottrop |
| | Urban | Willi | 1938 | 1:43:27 | |
| | Hackfurth | Bernd | 1944 | 1:43:29 | |
| | Soboll | Theo | 1936 | 1:44:42 | |
| 5:15:51 | DJK Adler 07 Bottrop | | | | 08.11.1992 Bottrop |
| | Spieckermann | Erich | 1947 | 1:43:57 | |
| | Knura | Norbert | 1944 | 1:44:41 | |
| | Diessner | Rudolf | 1932 | 1:47:13 | |
| 5:18:33 | DJK Adler 07 Bottrop | | | | 09.11.1997 Bottrop |
| | Stiller | Richard | 1953 | 1:38:50 | |
| | Doussis | Georg | 1957 | 1:39:26 | |
| | Thimm | Andreas | 1957 | 2:00:57 | |
| 5:23:04 | DJK Adler 07 Bottrop | | | | 03.11.1985 Bottrop |
| | Krekler | Siegfried | 1939 | 1:45:34 | |
| | Purnell | Mike | 1941 | 1:47:28 | |
| | Wolter | Robert | 1936 | 1:50:02 | |

30 km 2:53:52 Teigelkamp Stefan 1972 Adler-Langlauf Bottrop 12.02.2017 Bertlich

Marathon

| | | | | | |
|---------|-----------|--------------|------|------------------------|--------------------------|
| 2:38:32 | Kaufmann | Josef | 1936 | DJK Adler 07 Bottrop | 27.04.1980 Köln |
| 2:41:30 | Kübler | Wolfgang | 1949 | DJK Adler 07 Bottrop | 20.06.1993 Menden |
| 2:45:00 | Steinle | Günter | 1944 | DJK Adler 07 Bottrop | 23.03.1985 Burgsteinfurt |
| 2:46:12 | Strätling | Benedikt | 1968 | Adler-Langlauf Bottrop | 06.01.2013 Kevelaer |
| 2:46:50 | Thelen | Dieter | 1946 | DJK Adler 07 Bottrop | 26.09.1987 Duisburg |
| 2:51:29 | Quarrazo | Guisepppe | 1949 | DJK Adler 07 Bottrop | 20.10.1991 Essen |
| 2:51:30 | Thier | Winand | 1938 | DJK Adler 07 Bottrop | 19.09.1981 Duisburg |
| 2:51:38 | Sinning | Hans-Joachim | 1945 | DJK Adler 07 Bottrop | 28.04.1985 Bremen |
| 2:51:53 | Häusler | Siegfried | 1934 | DJK Adler 07 Bottrop | 15.03.1980 Flüren |
| 2:52:49 | Riedel | Roland | 1963 | Adler-Langlauf Bottrop | 04.01.2009 Kevelaer |

Marathon - Mannschaft

| | | | | | |
|---------|----------------------|--------------|------|---------|----------------------|
| 8:35:24 | DJK Adler 07 Bottrop | | | | 26.08.1989 Duisburg |
| | Steinle | Günter | 1944 | 2:47:17 | |
| | Kaufmann | Josef | 1936 | 2:50:10 | |
| | Sinning | Hans-Joachim | 1945 | 2:57:57 | |
| 8:38:46 | DJK Adler 07 Bottrop | | | | 19.05.1985 Frankfurt |
| | Kaufmann | Josef | 1936 | 2:48:42 | |
| | Steinle | Günter | 1944 | 2:49:58 | |
| | Knura | Norbert | 1944 | 3:00:06 | |
| 8:42:41 | DJK Adler 07 Bottrop | | | | 24.04.1988 Hamburg |
| | Kaufmann | Josef | 1936 | 2:47:52 | |
| | Liebert | Jürgen | 1942 | 2:56:23 | |
| | Sinning | Hans-Jürgen | 1945 | 2:58:26 | |
| 8:44:50 | DJK Adler 07 Bottrop | | | | 17.03.1990 Steinfurt |
| | Kaufmann | Josef | 1936 | 2:53:28 | |
| | Steinle | Günter | 1944 | 2:54:54 | |
| | Thelen | Dieter | 1946 | 2:56:28 | |
| 8:49:21 | DJK Adler 07 Bottrop | | | | 18.04.1993 Hannover |
| | Kaufmann | Josef | 1936 | 2:51:42 | |
| | Thelen | Dieter | 1946 | 2:56:35 | |
| | Soboll | Theo | 1936 | 3:01:04 | |
| 8:54:05 | DJK Adler 07 Bottrop | | | | 15.05.1983 Frankfurt |
| | Kaufmann | Josef | 1936 | 2:44:51 | |
| | Jack | Eduard | 1936 | 2:59:51 | |
| | Westerwinter | Theo | 1942 | 3:09:23 | |
| 8:54:23 | DJK Adler 07 Bottrop | | | | 30.04.1995 Hamburg |
| | Kübler | Wolfgang | 1949 | 2:50:15 | |
| | Thelen | Dieter | 1946 | 2:57:49 | |
| | Steinle | Günter | 1944 | 3:06:19 | |

Ewige Bestenliste

Stadt Bottrop

Senioren M 40

Stand: 01.05.2019

| | | | | | |
|--------------------------------|-------------|------------------------|------|------------------------|-----------------------|
| | 8:54:25 | DJK Adler07 Bottrop | | | 18.04.1993 Hannover |
| | | Kaufmann Josef | 1936 | 2:51:42 | |
| | | Soboll Theo | 1936 | 3:01:04 | |
| | | Liebert Jürgen | 1943 | 3:01:39 | |
| | 8:59:21 | Adler-Langlauf Bottrop | | | 02.05.2010 Düsseldorf |
| | | Straetling Benedikt | 1968 | 2:50:25 | |
| | | Becher Johannes | 1968 | 2:57:20 | |
| | | Dreimann Stefan | 1969 | 3:11:36 | |
| | 8:59:22 | DJK Adler 07 Bottrop | | | 29.05.1994 Hannover |
| | | Thelen Dieter | 1946 | 2:55:49 | |
| | | Spieckermann Erich | 1947 | 2:59:47 | |
| | | Stiller Richard | 1953 | 3:03:46 | |
| 50 km | 4:28:33 | Lawalata Hady | 1968 | Adler Langlauf Bottrop | 08.11.2015 Bottrop |
| | 4:49:35 | Teigelkamp Guido | 1968 | Adler Langlauf Bottrop | 06.11.2016 Bottrop |
| | 4:54:28 | Hölker Dennis | 1976 | Adler-Langlauf Bottrop | 06.11.2016 Bottrop |
| | 4:58:31 | Müller Frank | 1961 | Adler-Langlauf Bottrop | 08.11.2015 Bottrop |
| | 5:20:33 | Ganz-Lauterbach | 1965 | TSG Kirchhellen | 08.11.2015 Bottrop |
| | 5:23:08 | Beck Jürgen | 1953 | Adler-Langlauf Bottrop | 06.11.2016 Bottrop |
| 100 km | 7:31:50 | Straetling Benedikt | 1968 | Adler Langlauf Bottrop | 06.10.2012 Hanau |
| | 7:33:45 | Kaufmann Josef | 1936 | DJK Adler 07 Bottrop | 07.09.1991 Rheine |
| | 8:09:21 | Riedel Roland | 1963 | Adler Langlauf Bottrop | 28.03.2009 Kienbaum |
| | 8:36:11 | Stiller Richard | 1953 | DJK Adler 07 Bottrop | 10.04.1999 Troisdorf |
| | 8:45:31 | Liebert Jürgen | 1943 | DJK Adler07 Bottrop | 12.04.1997 Rodenbach |
| | 9:12:00 | Steinle Günter | 1944 | DJK Adler 07 Bottrop | 10.04.1999 Troisdorf |
| | 9:21:00 | Spieckermann Erich | 1947 | DJK Adler 07 Bottrop | 10.04.1999 Troisdorf |
| | 9:22:47 | Hüsken Norbert | 1952 | DJK Adler 07 Bottrop | 12.04.1997 Rodenbach |
| | 10:09:11 | Soboll Theo | 1936 | DJK Adler 07 Bottrop | 31.08.2002 Rheine |
| | 10:36:17 | Dreimann Stefan | 1969 | Adler-Langlauf Bottrop | 10.03.2018 Rheine |
| 100 km - Mannschaft | 26:26:54 | DJK Adler 07 Bottrop | | | 12.04.1997 Rodenbach |
| | | Kaufmann Josef | 1936 | 8:18:36 | |
| | | Liebert Jürgen | 1943 | 8:45:31 | |
| | | Hüsken Norbert | 1952 | 9:22:47 | |
| | 28:05:24 | DJK Adler 07 Bottrop | | | 10.04.1999 Troisdorf |
| | | Steinle Günter | 1944 | 9:12:00 | |
| | | Spieckermann Erich | 1947 | 9:21:00 | |
| | | Kaufmann Josef | 1936 | 9:32:24 | |
| Hochsprung | 1,50 | Henning Lars | 1972 | DJK Adler 07 Bottrop | 01.09.2013 Bottrop |
| | 1,40 | Lewald Dirk | 1972 | DJK Adler 07 Bottrop | 22.09.2012 Duisburg |
| | 1,35 | Herzog Jörg | 1968 | DJK Adler 07 Bottrop | 22.09.2012 Duisburg |
| | 1,32 | Bartscherer Wilfried | 1936 | DJK Adler 07 Bottrop | 14.08.1985 Bottrop |
| | 1,25 | Pils Bruno | 1936 | DJK Adler 07 Bottrop | 13.06.1984 Bottrop |
| | 1,25 | Sökeland Willi | 1935 | DJK Adler07 Bottrop | 14.08.1985 Bottrop |
| | 1,08 | Thiel Konni | 1932 | DJK Adler 07 Bottrop | 10.06.2006 Bottrop |
| Weitsprung | 5,14 (+0,5) | Henning Lars | 1972 | DJK Adler 07 Bottrop | 01.09.2013 Bottrop |
| | 5,09 | Aßmann Erwin | 1949 | DJK Adler 07 Bottrop | 05.09.1990 Bottrop |
| | 5,01 | Bartnik Heinz | 1946 | DJK Adler 07 Bottrop | 05.09.1990 Bottrop |
| | 4,96 | Voegelin Winfried | 1935 | DJK Adler 07 Bottrop | 21.09.1991 Bottrop |
| | 4,92 | Pudzich Werner | 1948 | DJK Adler 07 Bottrop | 06.07.1988 Bottrop |
| | 4,88 | Böhler Dietmar | 1946 | DJK Adler 07 Bottrop | 14.06.1989 Bottrop |
| | 4,80 | Peters Rüdiger | 1948 | DJK Adler 07 Bottrop | 14.06.1989 Bottrop |
| | 4,69 | Lanfermann Rainer | 1947 | DJK Adler 07 Bottrop | 14.06.1989 Bottrop |
| | 4,65 | Feldmann Urban | 1949 | DJK Adler 07 Bottrop | 14.06.1989 Bottrop |
| | 4,65 | Tümmers Josef | 1936 | DJK Adler 07 Bottrop | 21.09.1991 Bottrop |
| Kugelstoßen 7,25 kg | 13,16 | Rahn Günter | 1934 | DJK Adler 07 Bottrop | 17.06.1980 Dinslaken |
| | 9,73 | Sökeland Wilhelm | 1935 | DJK Adler 07 Bottrop | 13.08.1980 Bottrop |
| | 9,28 | Voegelin Winfried | 1935 | DJK Adler 07 Bottrop | 13.08.1980 Bottrop |
| | 9,24 | Edeler Heinz | 1948 | DJK Adler 07 Bottrop | 06.07.1988 Bottrop |
| | 8,86 | Bartnik Heinz | 1946 | DJK Adler 07 Bottrop | 21.09.1991 Bottrop |
| | 8,85 | Organista Johannes | 1936 | DJK Adler 07 Bottrop | 07.09.1983 Bottrop |
| | 8,81 | Pudzich Werner | 1948 | DJK Adler 07 Bottrop | 06.07.1988 Bottrop |
| | 8,77 | Aßmann Erwin | 1949 | DJK Adler 07 Bottrop | 05.09.1990 Bottrop |

Ewige Bestenliste

Stadt Bottrop

Senioren M 40

Stand: 01.05.2019

| | | | | | |
|---|--|---|--|--|--|
| | 8,74 | Peters | Klaus-Rüdiger | 1948 DJK Adler 07 Bottrop | 14.06.1989 Bottrop |
| | 8,64 | Wojak | Herbert | 1942 DJK Adler 07 Bottrop | 21.09.1991 Bottrop |
| | 8,64 | Herzog | Jörg | 1968 DJK Adler 07 Bottrop | 22.09.2012 Duisburg |
| Diskuswurf 2,0 kg | 38,74 24,10 | Rahn Sökeland | Günter Wilhelm | 1934 DJK Adler 07 Bottrop 1935 DJK Adler 07 Bottrop | 17.06.1980 Dinslaken 12.07.1981 Bottrop |
| Speerwurf 800g | 36,37 34,48 31,78 30,87 25,09 | Henning Voegelin Sökeland Roßkothen Herzog | Lars Winfried Wilhelm Jens Jörg | 1972 DJK Adler 07 Bottrop 1935 DJK Adler07 Bottrop 1935 DJK Adler 07 Bottrop 1970 LC Adler Bottrop 1968 LC Adler Bottrop | 01.09.2013 Bottrop 06.07.1988 Bottrop 12.07.1981 Bottrop 13.10.2018 Nieukerk 13.10.2018 Nieukerk |
| Dreikampf 75m-Weit-Kugel | 987 771 | Pudzich 10,5 - 4,92 - 8,81 Kubis 10,6 - 4,26 - 8,45 | Werner Gerd | 1948 DJK Adler 07 Bottrop 1948 DJK Adler 07 Bottrop | 06.07.1988 Bottrop 06.07.1988 Bottrop |
| Dreikampf 100m-Weit-Kugel 7,25 kg | 1.084 1.067 1.066 1.026 951 880 848 723 | Peters 12,7 - 4,77 - 8,26 Bartnik 13,1 - 5,01 - 8,19 Aßmann 13,5 - 5,09 - 8,77 Böhler 13,0 - 4,88 - 7,75 Edeler 13,7 - 4,61 - 9,24 Feldmann 13,7 - 4,65 - 7,25 Lanfermann 13,5 - 4,69 - 7,31 Lang 14,1 - 4,53 - 7,31 | Klaus-Rüdiger Heinz Erwin Dietmar Heinz Urban Rainer Ludger | 1948 DJK Adler 07 Bottrop 1946 DJK Adler 07 Bottrop 1949 DJK Adler 07 Bottrop 1946 DJK Adler 07 Bottrop 1948 DJK Adler 07 Bottrop 1949 DJK Adler 07 Bottrop 1947 DJK Adler 07 Bottrop 1948 DJK Adler 07 Bottrop | 06.07.1988 Bottrop 05.09.1990 Bottrop 05.09.1990 Bottrop 14.06.1989 Bottrop 06.07.1988 Bottrop 14.06.1989 Bottrop 14.06.1989 Bottrop 06.07.1988 Bottrop |